



KOKOON CLINICS

Arguineguín - Gran Canaria

Products & Services

A taste of what is to come

Easy Access to Kokoon Gran Canaria from anywhere in Europe

Gran Canaria is simple to reach with direct flights from most major European cities – Oslo, London, Manchester, Berlin, Amsterdam, Madrid and many more. Flight time from Northern Europe: only 3–5 hours. No complicated connections – you arrive refreshed and ready.

Gran Canaria – Island of Eternal Spring

Mild year-round climate (20–25°C), 300+ sunny days, clean Atlantic air and dramatic landscapes make the island a natural wellness paradise.

Why Gran Canaria for Your Health Trip?

Perfect recovery climate for outdoor movement and vitamin D all year
Clean sea air and nature reduce stress and boost mental clarity
Fresh local food and endless options for walking, hiking and relaxation
Safe EU destination with excellent infrastructure and English widely spoken

Even without our clinic, Gran Canaria offers powerful natural conditions for renewal and vitality.

Now Even Better with Kokoon

Combine the island's natural advantages with our advanced technologies – Human Regenerator Jet, IHHT, PEMF bed, HBOT, EBOO and more – and your results accelerate dramatically.
Easy to reach. Naturally powerful. Technologically world-class.

Kokoon – Treat Yourself to Champion-Level Care

The Human Regenerator Jet



WHAT IS IT?

The Human Regenerator focuses on the body's natural ability to generate and sustain cellular energy. The human body is electrically organised. Cells communicate, regulate, and adapt through electrical signals and bioelectric charge. When cellular energy is insufficient, recovery slows, rejuvenation becomes less efficient, and other wellness and longevity strategies often produce limited results.

The Human Regenerator utilises Cold Atmospheric Plasma (CAP), often referred to as the fourth state of matter. Plasma is an ionised gas consisting of charged particles, including electrons and anions. Unlike heat-based plasma, Cold Atmospheric Plasma operates at room temperature. This creates an electron-rich environment around the body without thermal stress or unwanted stimulation. Rather than forcing biological responses, it gently interacts with the body's own regulatory systems, supporting natural recovery and cellular stability.

WHO IS IT FOR?

The Human Regenerator is used by individuals and wellness environments seeking to support recovery, resilience, and long-term vitality without adding further physiological stress.

It is often chosen by people who:

- Manage high physical or cognitive demand
- Use multiple wellness or longevity practices
- Prioritise recovery as much as performance
- Prefer non-invasive, low-stimulation approaches
- Focus on sustainable energy rather than short-term stimulation.

COMMONLY DESCRIBED EXPERIENCES INCLUDE:

- A clear shift towards relaxation during or after the session.
- A greater sense of recovery capacity during periods of high demand.
- More stable energy rhythm and overall balance with repeated use
- Personal observations related to skin, hair, nails, and general resilience.

These are wellness observations, not medical outcomes. Individual experiences vary.

The Human Regenerator is an advanced wellness technology that addresses this missing layer. Used on its own, it offers a powerful way to support the body's energy capacity and promote a sense of balance and recovery.

When additional therapies are introduced, supporting this underlying energy layer becomes increasingly important. By focusing on cellular energy capacity first, the Human Regenerator helps create conditions in which recovery, rejuvenation, and longevity therapies can be better tolerated and more sustainably integrated.

Intermittent Hypoxia-Hyperoxic Therapy



WHAT IS IT?

Intermittent Hypoxic-Hyperoxic Therapy (IHHT) is a modern, machine-based form of altitude training. During a session (typically 30–60 minutes), you breathe alternating levels of oxygen: periods with lower oxygen (similar to high altitude) followed by periods with higher oxygen. This gentle “up-and-down” pattern trains your body in a safe and controlled way.

Originally developed to help elite athletes improve performance, IHHT is now widely used by anyone who wants to boost energy, endurance, and overall wellbeing.

HOW DOES IT WORK?

By switching between low and high oxygen levels, IHHT stimulates your body to:

- Produce more red blood cells
- Improve oxygen utilisation
- Strengthen cellular energy (mitochondria)
- Activate natural repair and defence mechanisms

This leads to better endurance, faster recovery, increased vitality, and improved resilience against stress and fatigue

WHO CAN IT BENEFIT?

IHHT is suitable for people who want to:

- Increase daily energy and combat chronic fatigue
- Improve physical and mental performance
- Support recovery and longevity
- Enhance general health and wellbeing

IS IT SCIENTIFICALLY BACKED?

Yes. IHHT is based on extensive research on intermittent hypoxia. Hundreds of scientific studies (available on PubMed) support its benefits. Research has shown improvements in:

- VO₂ max (a key measure of fitness)
- Blood pressure and heart health
- Endothelial function (health of blood vessels)
- Glucose metabolism and insulin sensitivity

When will you notice results? Most people start feeling the benefits from around the 5th session. For best results, we recommend doing sessions twice a week at the beginning (the first 10–15 sessions) so they are relatively close together.

Pulsed electromagnetic field (PEMF) - Red Light Therapy



WHAT IS IT?

PEMF bed + Red light therapy is an advanced wellness system that combines several powerful technologies in one relaxing session. Instead of using just one method, it works with multiple natural forces to help your body renew, recover, and recharge at a deep cellular level.

HOW DOES IT WORK?:

1. Pulsed Energy Fields (PEMF)

These are gentle, intelligent electrical and electromagnetic pulses that “talk” to your cells. They help renew and restore damaged or tired cells, support the body’s natural healing ability, and make the other therapies in the chamber even more effective.

2. Multi-Wavelength Light Therapy (Red & Near-Infrared Light)

Special red and near-infrared lights penetrate the skin to boost energy production in your cells. This can help with skin renewal, reduce inflammation, improve circulation, increase energy, lift your mood, and speed up recovery after exercise or stress.

3. Heated Lava Stones

The stones are placed in the bed and become warm when the bed is in use. This therapy can help relax the muscles, improve blood circulation, reduce pain, promote better sleep, and provide grounding.

4. Vibroacoustic Sound Therapy

Soothing music and healing vibrations are delivered directly through the body. This deeply relaxes the nervous system, reduces stress and pain, improves sleep quality, and prepares your mind and body for optimal restoration.

IN SIMPLE TERMS:

PEMF + Red light therapy create the perfect environment for your body to heal and recharge itself by combining energy fields, therapeutic light, hydrogen, and sound vibration — all while you simply lie back and relax. It is designed for anyone who wants better energy, faster recovery, reduced inflammation, and an overall feeling of renewal — without any invasive procedures.

HBOT - Hyberbaric Oxygen Therapy



WHAT IS IT?

HBOT (Hyperbaric Oxygen Therapy) is a gentle and effective wellness treatment where you breathe pure oxygen inside a comfortable chamber under mild pressure. Our HBOT chamber is specially designed for relaxation. With large panoramic windows on the sides, it feels open and spacious, more like a peaceful zen space than a typical closed chamber. You can easily see outside and feel calm throughout the entire session.

HOW DOES IT WORK?

While you relax inside the chamber, the mild pressure allows your body to absorb significantly more oxygen than normal. This extra oxygen reaches deep into your tissues, blood, and cells, supporting natural healing and recovery processes.

KEY BENEFITS OF HBOT:

- Boosts stem cell production. Studies show it can increase your body's own stem cells up to 8 times, helping with tissue repair, regeneration, and anti-aging.
- Reduces inflammation. Helps calm chronic inflammation, which can support recovery from injuries, autoimmune conditions, and general wellness.
- Improves sleep & recovery. Many people notice deeper, more restorative sleep, reduced fatigue, less pain, and higher energy levels after sessions.
- Supports overall healing. Promotes faster wound healing, better circulation, stronger immune function, increased collagen production, improved brain function (focus and clarity), and enhanced well-being.

HBOT is a safe, non-invasive way to give your body a powerful boost of oxygen, helping you recover faster, feel more energised, and support long-term health.

EBOO Therapy (Extracorporeal Blood Oxygenation and Ozonation)



WHAT IS EBOO?:

EBOO is an advanced form of ozone therapy that treats a larger volume of blood outside the body. It is often described as a "blood purification" or "supercharged ozone" treatment. The process uses a specialized medical machine (similar in appearance to a dialysis unit) to gently draw blood from one arm, process it, and return it through the other arm in a closed, sterile loop.

A typical session lasts 45–90 minutes and can process 1.8–7 liters of blood (depending on the system, EBOO or the newer EBO2).

HOW DOES IT WORK?

- Blood Withdrawal: Blood is drawn from a vein at a controlled rate.
- Filtration: The blood passes through a medical-grade filter (dialysis-style membrane) that removes inflammatory proteins, cellular debris, toxins, and other impurities.
- Ozonation & Oxygenation: Medical-grade ozone (O₃) and oxygen (O₂) are infused into the blood. Ozone helps destroy pathogens (viruses, bacteria, fungi), reduces inflammation, and increases oxygen delivery.
- Return: The cleaned, oxygenated, and ozonated blood is returned to the body.

KEY BENEFITS:

- Deep Detoxification - Filters out toxins, heavy metals, inflammatory particles, and metabolic waste that the liver and kidneys may struggle to remove.
- Strong Immune Modulation - Ozone can stimulate the immune system, improve antioxidant defenses, and help the body fight infections or chronic inflammation.
- Better Oxygen Utilization - Increases oxygen delivery to tissues and cells, which may improve energy and healing.
- Reduced Inflammation - Helps lower systemic inflammation, potentially beneficial for autoimmune conditions, chronic pain, or recovery from illness.
- Antimicrobial Effect - Ozone has powerful antiviral, antibacterial, and antifungal properties.
- Overall Wellness - Many patients report improved energy, mental clarity, better sleep, and faster recovery after treatments.

WHO MIGHT CONSIDER EBOO?

It is popular in integrative and functional medicine clinics for: Chronic infections or Lyme disease, Autoimmune conditions
Long COVID or post-viral fatigue, Heavy metal toxicity, General detoxification and anti-aging support
Athletic recovery.

IV Treatments (Intravenous Nutrient Therapy)



WHAT IS IT?

IV therapy involves delivering fluids, vitamins, minerals, antioxidants, and other nutrients directly into the bloodstream through a vein. This method bypasses the digestive system, allowing for higher and faster absorption compared to oral supplements.

What are IV treatments commonly used for?

Here are the main benefits and popular uses:

- 1. Hydration & Recovery** - Rapid rehydration after dehydration, intense exercise, jet lag, or illness. Often includes electrolytes (sodium, potassium, magnesium, calcium) to restore balance quickly.
- 2. Nutrient Deficiencies** - Helps people with absorption issues (e.g., gut problems, Crohn's, celiac disease). Delivers high doses of vitamins and minerals that might be hard to absorb orally.

3. Immune Support – High-dose Vitamin C is popular for immune boosting and antioxidant effects.

Zinc, selenium, and B vitamins support immune function.

Many use it during cold/flu season or when feeling run-down.

4. Energy & Fatigue - B-complex vitamins (especially B12) and magnesium help combat tiredness and improve energy metabolism. Popular for chronic fatigue, burnout, or “adrenal fatigue” (though the latter term is not medically precise).

5. Wellness & Beauty - Glutathione (a powerful antioxidant) for skin brightening, detoxification, and anti-aging.

Anti-oxidant cocktails claimed to improve skin glow, reduce inflammation, and support collagen.

Some clinics offer “anti-aging” or “detox” drips with NAD+, amino acids, or other compounds.

6. Hangover & Migraine Relief - Fast relief from dehydration and nutrient depletion caused by alcohol.

Magnesium and B vitamins can help with migraines and headaches.

7. Athletic Performance & Recovery - Athletes use it for quicker muscle recovery, reduced inflammation, and electrolyte replenishment.

8. Other Specialized Uses - Myers' Cocktail (a classic mix of magnesium, B vitamins, vitamin C, calcium) – often used for fibromyalgia, asthma, or general wellness. High-dose Vitamin C for supportive care in some cancer patients (under medical supervision). Iron infusions for severe iron deficiency anemia.

Common Ingredients in IV Drips -

Vitamins: B1, B2, B3, B5, B6, B12, Vitamin C, sometimes D or K.

Minerals: Magnesium, calcium, zinc, selenium, manganese.

Antioxidants: Glutathione, alpha-lipoic acid.

Amino acids: Taurine, lysine, etc.

Other: Saline or lactated Ringer's solution as base fluid, sometimes NAD+ or peptides.



Prices

Valid from August 1, 2026

Gold

750 €

per year

- Annual membership
- Access to the Kokoon clinics
- Benefits for members & events
- 15% discount on treatments

Platinum

1.500 €

per year

- Annual membership
- Exclusive Platinum benefits
- Priority booking
- 30% discount on treatments

Diamond

9.000 €

one-time payment

- Lifetime membership
- Full access and exclusive Diamond benefits
- VIP Events & Concierge

Kokoon – Always at the cutting edge of health technology